

2022/2023 Breakfast High School  
Breakfast

Crenshaw County Schools

Mon	Tue	Wed	Thu	Fri
2/27/2023	2/28/2023	3/1/2023	3/2/2023	3/3/2023
<b>Main Entree</b> Crispy Chicken Biscuit <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Colby Cheese Omelet Plain Bagel <b>Other</b> Cheese Grits <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry <b>Condiment</b> Plain Cream Cheese Cup Strawberry Cream Cheese Cup	<b>Main Entree</b> Mini Berry Waffles <b>Meat/Meat Alternate</b> Sausage Link, Fully cooked (Prairie Creek) <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry <b>Condiment</b> Syrup Cup	<b>Main Entree</b> Turkey Sausage Breakfast Pizza <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Sausage Biscuit <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
<b>Main Entree</b> WG Glazed Cinnamon Roll w/ Sausage Links <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety Applesauce, Cup <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Cheese Toast w/Bacon <b>Other</b> Cheese Grits <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Apple Strudel Stick <b>Meat/Meat Alternate</b> Yogurt Parfait <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Turkey Sausage Breakfast Pizza <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry	<b>Main Entree</b> Sausage Biscuit <b>Grain</b> Whole Grain Cereal <b>Fruit</b> Fresh Fruit Variety <b>Fruit Juice</b> 100% Fruit Juice Variety <b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry



Mon	Tue	Wed	Thu	Fri
3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
<b>Main Entree</b> Mini Berry Waffles	<b>Main Entree</b> Whole Grain Muffin	<b>Main Entree</b> Breakfast Burrito	<b>Main Entree</b> Turkey Sausage Breakfast	<b>Main Entree</b> Sausage Biscuit
<b>Meat/Meat Alternate</b> Bacon, Precooked (layer pack) (Richmond Peak Quality)	<b>Meat/Meat Alternate</b> Sausage Link, Fully cooked (Prairie Creek)	Strawberry Yogurt Cup Granola Packet	Pizza	<b>Grain</b> Whole Grain Cereal
<b>Grain</b> Whole Grain Cereal	<b>Other</b> Cheese Grits	<b>Grain</b> Whole Grain Cereal	<b>Grain</b> Whole Grain Cereal	<b>Fruit</b> Fresh Fruit Variety
<b>Fruit</b> Fresh Fruit Variety Applesauce, Cup	<b>Grain</b> Whole Grain Cereal	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety
<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety	<b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry
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<b>Condiment</b> Syrup Cup	<b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry			
3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
<b>Main Entree</b> Buttermilk Pancakes	<b>Main Entree</b> Cheese Toast w/Bacon	<b>Main Entree</b> WG Glazed Cinnamon Roll w/ Sausage Links	<b>Main Entree</b> Turkey Sausage Breakfast	<b>Main Entree</b> Sausage Biscuit
<b>Meat/Meat Alternate</b> Sausage Patty	<b>Meat/Meat Alternate</b> Egg Patty	Whole Grain Cereal	Pizza	<b>Grain</b> Whole Grain Cereal
<b>Grain</b> Whole Grain Cereal	<b>Other</b> Cheese Grits	<b>Grain</b> Whole Grain Cereal	<b>Grain</b> Whole Grain Cereal	<b>Fruit</b> Fresh Fruit Variety
<b>Fruit</b> Fresh Fruit Variety Applesauce, Cup	<b>Grain</b> Whole Grain Cereal	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit</b> Fresh Fruit Variety	<b>Fruit Juice</b> 100% Fruit Juice Variety
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<b>Condiment</b> Syrup Cup	<b>Milk</b> 1% Low Fat White Milk Milk, Fat Free Chocolate (HPT) Milk, Fat Free Strawberry			
3/27/2023	3/28/2023	3/29/2023	3/30/2023	3/31/2023

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 2/26/2023, End = 4/1/2023)
Menu Plan	(2022/2023 Breakfast High School)